



2019

Living Contemplatively

*Retreats, Sabbaticals,
Programs and other opportunities
for nourishing the spiritual*



Sisters of Saint Joseph Retreat Centres, Australia



2019

Sisters of Saint Joseph



Retreat Centres

- **St Joseph's House of Spirituality**
Batehaven NSW
- **St Joseph's Baulkham Hills**
Baulkham Hills NSW
- **Villa Maria Spirituality Centre**
Brisbane Qld
- **Mary MacKillop Heritage Centre**
East Melbourne Vic
- **Mary MacKillop Precinct**
Kensington SA
- **St Joseph's Spirituality and Education Centre**
Kincumber South NSW
- **Largs Bay Retreat House**
Largs Bay SA
- **Kilmolee**
Safety Bay WA
- **Mary MacKillop Place**
North Sydney NSW
- **The Vale Lodge**
Perthville NSW
- **St Joseph's by the Sea**
Williamstown Vic

Please see Centre Contact Information on pages 17-22.

Registration

- For weekend, four, six and eight day retreats please send the application form included at the back of this brochure, plus deposit to the appropriate centre
- For sabbaticals, summer and winter schools please request an application form by emailing: frontdesk@stjosephscentre.org.au

Information

- All retreats commence with the evening meal on the first date and close after breakfast on the last date unless stated differently.

The Retreats

1 March
– 13 April

Baulkham
Hills

\$8,200

Retirement for Mission

This sabbatical is suited to those who have recently retired from full time active ministry or intend retiring from such in the near future. This is an opportunity to consider Mission in a new stage of life.

Lianella Girardi rsj
Team of Australian-based presenters

8 – 10 March

Perthville

\$250

History Lovers Weekend

The St Joseph's Heritage and Conference Centre Perthville lives and breathes the early history of the Sisters of Saint Joseph at Perthville and their founders, Saint Mary MacKillop and Father Julian Tenison Woods. Enjoy a guided tour of this special place. Bathurst and surrounds are steeped in history and multiple sites await your visit.

7 – 14 April

Williamstown

\$675

From Stardust to Consciousness

A contemplative journey through the writings of Elizabeth Johnson. We will explore the unfolding story of creativity in which chaos and transformation are embedded. Local, seasonal and vegetarian meals will feature during the retreat, drawing us into Earth's nourishment.

Anne Boyd cbs
Carmel Crameri rsj

8 – 14 April

East
Melbourne

\$675

Heart-fullness: Transformation in Christ Based on the Work of Thomas Keating and Cynthia Bourgeault

This retreat will focus on the contemplative dimension of the Gospel which manifests as an ever deepening union with Christ and the practical caring for others that flows from this relationship. Whilst pondering the teachings of Jesus we will reflect on the exercise of leadership through an attitude of humility, listening, and service.

Yvonne Harte rsj

14 – 18 April

Safety Bay

\$400

Immersed in Mercy

Guided retreat with the option of spiritual accompaniment. "...from the depths of the mystery of God, the great river of mercy wells up and overflows unceasingly." (Misericordiae Vultus)

Frances Maguire rsj

14 – 21 April

North Sydney

\$660

'Truly, madly, deeply': Three perspectives for praying in Holy Week

The first three days of Holy Week will be a silent, guided retreat. These days will focus on what the Lectionary offers, and there will be times of communal reflecting and ample space for individual contemplative prayer. The days of the Sacred Triduum will be celebrated with communal prayer and participation in the Sacred Liturgies in Mary MacKillop Memorial Chapel.

Virginia Bourke rsj

28 April
– 5 May

Perthville

\$660

Care for our Common Home – Praying with the Earth Stations

"One of the principle challenges facing humanity in our day", states Laudato Si 25, "is the care of our common home." Mindful that we are part of this amazing Universal Communion of all creation this retreat draws us to hear and feel the cry of Earth and recognise our opportunity to awaken anew to the evolving mysteries and nurture more deeply our creative response "for the protection of our world" (Laudato Si 216). In our hands is the fate of mother earth's purity and welfare.

Ann Morrison rsj





1 – 8 May *Journey Towards Wholeness*
Largs Bay *A silent centering prayer retreat focussing on our relationship with Jesus. "Spirituality is in the evolutionary process on all layers of being where God and Christ are found." (Teilhard de Chardin)*
\$500
Tom Gleeson,
Priest of Adelaide Archdiocese

3 – 10 May *Directed Retreat*
Kincumber South **Dr. Kerrie Hide**
\$700

3 – 10 May *Letting go in Faith; Letting be in Hope; Letting Grow in Love; Navigating life's mysteries creatively through embracing and celebrating a paschal-rhythm-of-being*
Kincumber South
\$660
Fr. Michael Dwyer

5 – 12 May *The Kindness of God*
Batehaven *Pondering - "Providence is another name for the kindness of God."*
\$500
Carmel Drew rsj

12 – 19 May *Befriending the Beauty of Your Own Soul*
Williamstown
\$675 *A time to ponder and open our lives to a spirituality that will sustain us during the second half of our lives, to enjoy our heart's desire, to draw alongside the mystery we hold as the beloved of God.*
Lynette Young rsj

12 May – 12 June *The Christ Project*
Largs Bay *The spiritual exercises in the tradition of Teilhard de Chardin will be offered over thirty days, including preparation and rest days. A spiritual director will accompany each retreatant on this silent retreat.*
\$2,000

Fr Tom Gleeson
Consulting Director: Jan Sobotta

17 – 19 May *Artists and Poets Weekend*
Perthville *A free-flowing weekend amid extensive and scenic grounds in which to let your creative juices run. Share your works and experience with fellow artists and poets, and be inspired by one another.*
\$200

There will be no facilitator for this weekend as it is designed to be free and your time. Bring your own paper, paints, pencil, notebooks etc.

2 – 9 June *"Of Love Beyond Desire, and So Liberation"*
Brisbane *(from T.S Eliot's 'Little Gidding')*
\$500 *This retreat explores the life long tasks of liberation and love, of the self and of the universe.*

Bernard McGrath osb

14 – 20 June *Directed Retreat*
Kincumber South **Fr. David King**
\$700



14 – 20 June *The Way of the Pilgrim*
Kincumber South
\$660

There are many ways of being on pilgrimage including an actual journey or the pilgrimage of stillness, solitude and silence. On this retreat we will journey through stillness to deepen our awareness of the presence of the Holy in ourselves, in others and in our world. This pilgrimage will hopefully, lead us further into the cave of our own hearts, the place, the mystics tell us, in the dwelling place of God within us.

Colleen O’Sullivan rsj

16 – 23 June *Missionary Discipleship Today with the Women of the Fourth Gospel*
Williamstown
\$675

In Paragraph 120 of Evangelii Gaudium, (Joy of the Gospel) Pope Francis uses the Samaritan Woman as model of a missionary disciple. We will reflect on the missionary discipleship and leadership roles of Martha and her sister, Mary of Bethany and Mary of Magdala and consider how we are called to go forward joyfully as missionary disciples today.

Therese Quinn rsj

7 – 14 July *Opening the Door*
Baulkham Hills
\$660

The way of vulnerability leads us through the open door deeper into the heart of love. Vulnerability is the key to intimacy and to creativity and is the heart of contemplation. During this retreat we will use scripture and poetry to come to know more of the vulnerable Christ and respond to his invitation, offered at all times and in each place. Come and see.

Colleen O’Sullivan rsj

7 – 12 July *Directed Retreat*
Batehaven **Carmel Drew rsj**
\$500

7 – 14 July *The Unfolding Story of Love; Entering the Mystery of the Universe Story*
Baulkham Hills
\$660

On this retreat, participants will be invited to contemplate the Journey of the Universe as it is told today through scientific revelation and at the same time to reflect on the inner dynamics of Diversity, Interiority and Communion operating within that great story. As we enter more fully into this story and our own stories of coming to be the persons we are, our hope is that our own deep desires for communion with the Divine will be revealed.

Br Tony Hempenstall cfc

8 – 14 July *Directed Retreat*
East Melbourne
\$675

Yvonne Harte rsj
Jill Dance rsj

8 – 19 July *Acculturation Winter Program*
Baulkham Hills
\$1,320

This program is designed for priests and women and men religious who come to Australia for ministry. Topics include an introduction to Australia – the land, its peoples and the Church; Right relationships – women and the Australian church, integrity in ministry and child protection and psychological aspects of entering a different culture.

Annie Bond rsj
Brian Vale ssc

11 – 17 July *Christ in Evolution*
Safety Bay
\$600

A fresh encounter with the person of Jesus Christ and the meaning of Christ for Christian life today.

Frances Maguire rsj

12 – 19 July *Directed Retreat*

Kincumber South John Hay

\$700

12 – 19 July *“Rest yourself beside this blessing and you will hear the sound of water entering the gaps” Jan Richardson*

Kincumber South

\$660

As the Samaritan woman talks with Jesus the tale of her life resonates in the space between her and Jesus, and in the knowing that passes both ways. What part of your story do you most need to leave at the well, with Jesus, who will receive it with gentleness, and invite you to see it in its wholeness, who will help you listen for the wellspring that its hollows contain?

Val De Brenni

11 – 17 August *Walking Earth’s Story: Our Story*

Largs Bay (Travel 11th & 17th)

\$600

Travel to the Flinders Ranges, walk Earth’s story - our story, contemplating our Oneness with All. Single room, comfortable, shearer’s quarters accommodation, shared travel. (Limited special diets.)

Kateri Duke rsj

11 – 18 August *Directed Retreat*

Williamstown Mary Baker rsj
Therese Quinn rsj

\$675

20 – 26 August *Walking Earth’s Story: Our Story*

Largs Bay (Travel 20th & 26th)

\$600

Travel to the Flinders Ranges, walk Earth’s story - our story, contemplating our Oneness with All. Single room, comfortable, shearer’s quarters accommodation, shared travel. (Limited special diets.)

Kateri Duke rsj

2 – 10 September

Re-Entry Retreat

Baulkham Hills

\$960

This retreat will provide an opportunity for participants to reflect on their experiences and re-enter their “home” culture in a gentle and reflective way.

Geraldine Kearney sgs
Brian Vale ssc

15 – 22 September

Willingness to Share in God’s Willingness for all that is Good and Life-Enriching

Perthville

\$660

This retreat will encourage contemplative praying as a basis and context for our whole life-in-God. The retreat will present some of the insights on the will of God from a user-friendly book, “Ten Evenings with God” by Ilia Delio. This draws on the experiences of other contemplatives.

Virginia Bourke rsj

15 – 22 September

The Garden

Williamstown

\$675

The Garden place of intimacy. Exploring the symbolism of the garden especially in the Book of Genesis, the Song of Songs and the Gospel of John.

Therese Quinn rsj

15 – 22 September

Directed Retreat

Kincumber South

\$700

Mary Baker rsj



15 – 22
September

Kincumber
South

\$660

Inspiring Contemplative Prayer and Living

Drawing on the writings of the classical mystical tradition and of contemporary spiritual writers, the reflective experiences of these days will hopefully inspire an ever-deepening journey of contemplative prayer and contemplative living.

Moya Unthank rsj

29 September
– 6 October

Largs Bay

\$500

Transformation through Story

Through autobiography and art, retreatants will have the opportunity to explore the hidden learning in their lives, historically and spiritually. A silent retreat with evening sharing.

**Kateri Duke rsj
Fran Hegarty**

30 September
– 6 October

East
Melbourne

\$675

Abide: Keeping Vigil with the Word of God. A Pilgrimage to the Heart of God

This retreat invites the seeker to be attentive to your pilgrim heart. Themes related to the wisdom of the body will be included in a contemplative journey to wholeness.

Yvonne Harte rsj

29 September
– 6 October

Batehaven

\$500

Walking as the Beloved

Central to John's Gospel is the concept of 'belovedness'. During these days we will walk in companionship with the 'beloved Jesus'.

Carmel Drew rsj

6 – 13
October

Brisbane

\$500

Jesus' Parables

Jesus told parables about everyday happenings in people's lives. Through prayer and reflection, we will look at how Jesus' parables open for us ways of appreciating God's love in our daily lives.

Michael Hickey cp

13 – 20
October

Williamstown

\$675

A Contemplative Journey

Drawing on the writings of the classical mystical tradition and of contemporary spiritual writers, the reflective experiences of these days will hopefully inspire an ever deepening journey of contemplative prayer and contemplative living.

Moya Unthank rsj

25 – 27
October

Perthville

\$300

The Mystery of God Dwells within You

During these days we will use the inspiration and insights of Jean Vanier to draw us into the Mystery of Jesus through John's Gospel.

Lorraine Cupitt rsm

1 – 8
November

Kincumber
South

\$700

Directed Retreat

**Yvonne Parker sgs
Fr John Sullivan**



1 – 8
November

Kincumber
South

\$660

*We are Meant to Pray Our
Hearts Out, in an Authentically
Human, Happy and Holy
Relationship in God*

This retreat hopes to open up reflection on our experiences of and new challenges in praying privately, communally and contemplatively. Experience praying "Ab-ba", the perpetual, uneven beat of the Spirit's song in us and all creation. Rom 8:15-39. God invites us to respond to what God wrote on our hearts Jer 31:33-34 God meant our human senses, our imagination and all the nerve God put in us to be engaged in our praying and living.

Virginia Bourke rsj

3 – 10
November

Largs Bay

\$500

Directed Retreat

Genevieve Ryan rsj
Elizabeth Murphy rsj

3 – 10
November

Perthville

\$660

Walking as the Beloved

Central to John's Gospel is the concept of 'belovedness'. During these days we will walk in companionship with the 'beloved Jesus'.

Carmel Drew rsj

1 – 30
November

Baulkham
Hills

\$5,450

The Time of Sage

A Sabbatical for religious living the 80s years, with themes relevant to this time of life. A team of Australia-based presenters.

Lianella Girardi rsj

10 – 17
November

Williamstown

\$675

Directed Retreat

Anne Hubbard
Therese Quinn rsj

24 November
– 1 December

Baulkham
Hills

\$660

Rhythms of Rest and Renewal

As we journey through life we need times to pause, clean the lens of our eyes and refocus so that we can see anew God and our own desires for life. Come, allow yourself to see how your 'lens' needs refocusing by God's loving touch. Pause, refocus and see anew.

Jenny Scally rsj

24 November
– 1 December

Baulkham
Hills

\$660

*Wisdom: Greater than Silver
and Gold*

(Proverbs 3:13-18)

The quest for true wisdom has inspired people in all ages to journey beyond the known. This has taken us to the far reaches of earth and cosmos and to the inner depths of self-knowledge and spiritual communion. During this retreat there will be an opportunity to ponder some of Wisdom's many faces, themes processes and guides; both biblical and contemporary.

Peter Harney cfc
Valda Dickinson rsm

While we do endeavour to keep dates and prices consistent as at the time of print, retreats and sabbatical prices and dates may be subject to change. Please contact the relevant centre to confirm.

Other Events

Kensington – ‘Mary MacKillop Precinct’

■ 8th of the Month

Honouring and Praying with St Mary MacKillop

Mass at 10.30am followed by morning tea
(except Sundays)

Evening Reflection: 5.45 – 6.30pm (except 8 August)

Opportunity to learn more about the early Josephite
story and pray about our world’s needs.

Catherine Clark rsj

■ 29 November and 6, 13, 20 December

Advent Stillness: Fridays of Advent in St Joseph’s Chapel

Take 45 minutes out of the frantic pace of this
time of year to: Be Still. Reflect. Find Peace
– in Mary MacKillop’s much loved place of prayer.

Refer to page 19 for Kensington contact details.



Contact Information

Please mark all retreat correspondence **Attention: Retreats**

Batehaven on the South Coast NSW



St Joseph’s House of Spirituality and Hospitality

12 David Avenue, Batehaven NSW 2536

Email: batehavenretreats@sosj.org.au

Telephone: 02 4472 4021 or 02 4472 7063

*Please make cheques payable to the Trustees of the
Sisters of Saint Joseph.*

Baulkham Hills NSW



St Joseph’s Baulkham Hills

33 Barina Downs Road, Norwest NSW 2153

PO Box 7386 Baulkham Hills BC NSW 2153

Email: frontdesk@stjosephscentre.org.au

Website: www.stjosephscentre.org.au

Telephone: 02 9634 2317 Fax: 02 9899 4249

*Please make cheques payable to Spirituality Ministry
of the Sisters of Saint Joseph.*

Brisbane Qld



Villa Maria Spirituality Centre

123 Warren Street, Fortitude Valley Qld 4006

Email: admin@adorationsrs.org.au

Telephone: 0408 864 388

Please make cheques payable to the Sisters of Perpetual Adoration.

Kensington Adelaide SA



Mary MacKillop Precinct

4 High Street, Kensington SA 5068

Email: infosaj@sosj.org.au

Website: www.marymackillopadelaide.org.au

or post to PO Box 57 Kent Town SA 5071

Telephone: 08 8130 5900

Please make cheques payable to the Trustees of the Sisters of Saint Joseph.

East Melbourne Vic



Mary MacKillop Heritage Centre

362 Albert Street, East Melbourne Vic 3002

Email: admin.mmhc@sosj.org.au

Website: www.mmhc.org.au

Telephone: 03 9926 9300 Fax: 03 9926 9330

Please make cheques payable to the Trustees of the Sisters of Saint Joseph.

Retreatants are requested to arrive after 11am and in time for lunch at 12.30pm. Departure time is between 10am and 12 noon the following Sunday (no lunch).

Kilmolee Safety Bay WA



Kilmolee at Safety Bay

182 Arcadia Drive, Safety Bay WA 6169

Email: safety.bay@sosj.org.au

Telephone: 08 9527 3240

Please make cheques payable to the Trustees of the Sisters of Saint Joseph.

Kincumber South NSW



St Joseph's Spirituality and Education Centre

8 Humphrey's Rd, Kincumber South NSW 2251

Email: reception@stjosephsretreat.org.au

Website: www.stjosephskincumber.org.au

Telephone: 02 4368 2805

Please make cheques payable to Spirituality Ministry of the Sisters of Saint Joseph.

North Sydney NSW



Mary MacKillop Place

PO Box 1081 North Sydney NSW 2059

Email: retreats@mmp.org.au

Website: www.marymackillopplace.org.au

Telephone: 02 8912 4818 Fax: 02 8912 4835

Please make cheques payable to Mary MacKillop Place.

Largs Bay Adelaide SA



St Joseph's Centre

1 Everard St, Largs Bay SA 5016

Email: kateri.duke@sosj.org.au

or post to Kateri Duke rsj, 8 Wigley St, Largs Bay SA 5016

Telephone: 0418 834 114

Please make cheques payable to the Trustees of the Sisters of Saint Joseph.

Perthville NSW



St Joseph's Heritage and Conference Centre

Tenison Woods Ave, Perthville NSW 2795

Email: Perthville.coordinator@sosj.org.au

Website: www.stjosephsperthville.org.au

Telephone: 02 6337 2946

Please make cheques payable to the Trustees of the Sisters of Saint Joseph.

Williamstown Melbourne Vic



St Joseph's by the Sea

16 Esplanade, Williamstown Vic 3016

Email: admin.sjbtsw@sosj.org.au

Telephone: 03 9397 6012 or 03 9397 0344

Please make cheques payable to the Trustees of the Sisters of Saint Joseph.

Payment

- A non refundable deposit of \$50 applies when booking (unless stated differently for a particular centre)
- Payment by direct deposit (EFT) or credit card is available by contacting each centre directly. Contact information appears on pages 17-22.

Application Form for Retreats

Please return this application form to the relevant retreat centre with your non-refundable deposit

Name _____

Address _____

Postcode _____

Phone _____

Fax _____

Email _____

Retreat Location (Please tick)

- Batehaven NSW
- Baulkham Hills NSW
- Brisbane Qld
- East Melbourne Vic
- Kensington Adelaide SA
- Kilmolee Safety Bay WA
- Kincumber South NSW
- Largs Bay Adelaide SA
- North Sydney NSW
- Perthville NSW
- Williamstown Melbourne Vic

Retreat Title _____

Dates From _____

To _____

Cost _____



Sisters of Saint Joseph
of the Sacred Heart

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