



2020

Living Contemplatively

*Retreats, Sabbaticals,
Programs and other opportunities
for nourishing the spiritual*



Sisters of Saint Joseph Retreat Centres, Australia



2020

Sisters of Saint Joseph

Retreat Centres

- **St Joseph's House of Spirituality**
Batehaven NSW
- **St Joseph's Baulkham Hills**
Baulkham Hills NSW
- **Villa Maria Spirituality Centre**
Brisbane Qld
- **Mary MacKillop Heritage Centre**
East Melbourne Vic
- **St Joseph's Spirituality and Education Centre**
Kincumber South NSW
- **Largs Bay Retreat House**
Largs Bay SA
- **Kilmolee**
Safety Bay WA
- **The Vale Lodge**
Perthville NSW
- **St Joseph's by the Sea**
Williamstown Vic

Please see Centre Contact Information on pages 17-22.



Registration

- For weekend, four, six and eight day retreats please send the application form included at the back of this brochure, plus deposit to the appropriate centre
- For sabbaticals, summer and winter schools please request an application form by emailing: frontdesk@stjosephscentre.org.au

Information

- All retreats commence with the evening meal on the first date and close after breakfast on the last date unless stated differently.

The Retreats

24 February-
8 April

Baulkham Hills
NSW

\$8,320

Retirement for Mission

This sabbatical is suited to those who have recently retired from full time active ministry or intend retiring from such in the near future. This is an opportunity to consider Mission in a new stage of life.

Sr Mary Pat Garvin rsm and a team of Australian- based presenters.

Lianella Girardi rsj

6-8 March

Batehaven
NSW

\$300

Would you like to experience some time in/with "The Shack"?

The Shack is a 2017 American Christian drama based on the 2007 novel of the same name by William P.Young. Despite having attracted much comment, questioning and criticism, Young himself say's that we all need to go "to that place of greatest loss" to experience healing, forgiveness and growth. Viewed with an open mind and heart, this movie can lead us to develop our own faith story and challenge each of us to recognise where God is active and inviting us.

Ann Morisson rsj

23-27 March

Batehaven
NSW

\$400

The Hearts Memory: Gratefulness

During this mini guided retreat, we will have the opportunity to reflect on the memories of our heart and how they can lead us to a sense of being grateful.

Maureen McDermott rsj

30 March-
5 April

East Melbourne
VIC

\$700

"Seeking the Beloved"

Teresa of Avila and John of the Cross will guide this retreat. They inspire us to respond to the invitation of the Beloved to deeper relationship in our own mystical hearts.

Moya Unthank rsj

4-9 April

Safety Bay WA

\$550

*Living in the Pattern of the
Paschal Mystery – Good Friday
to Easter Sunday*

Taking time to name our deaths, losses and grief of our Good Fridays and our Holy Saturdays in order to move into our Easter Sundays with Christ. We need to “grapple with the timeless, haunting questions of suffering and death which gnaw at the heart ... and the need for transformation to which these call us.” (Ronald Rolheiser, “The Holy Longing.”) A guided retreat with some options for spiritual accompaniment with

Frances Maguire rsj

19-26 April

Largs Bay SA

\$500

In the Silence

A silent, Centering Prayer Retreat focusing on our relationship with Jesus. “Spirituality is in the evolutionary process on all layers of being where God and Christ are found.” (Teilhard de Chardin)

Fr Tom Gleeson

1-8 May

Kincumber
South NSW

\$700

‘Come and See

This retreat invites you, using the metaphor of the open door, to enter your inner space more deeply. To acknowledge both your vulnerable self and your own inner strength to constantly grow in love. We will use the work of writers such as Joyce Rupp and Breneé Brown. Thus, through stillness and silence we will open ourselves further to the contemplative dimension of life and love.

Colleen O’Sullivan RSJ



1-8 May *Directed Retreat*

Kincumber
South NSW **Mary Baker rsj**

\$750

1 May-1 June *The Christ Project*

Largs Bay SA *Thirty-day retreat*

\$2000

The spiritual Exercises in the tradition of Teilhard de Chardin will be offered over thirty days, including preparation and rest days. A spiritual director will accompany each retreatant on this silent retreat.

Fr Tom Gleeson, Jan Sabotta

3-10 May *“For me to live is Christ”*

Perthville NSW *On the road to Damascus something happened to Paul, and this changed everything. In a rural setting in late Autumn, this 6-day silent retreat will reflect on the experience of Paul and the Christ he lived and invited others to share. This retreat draws on insights of the late Fr Kevin O’Shea cssr and the Pauline scholarship of the late Fr Jerome Murphy-O’Connor op. Each day will begin with Morning Prayer & reflective input, followed by personal space for prayer and contemplation. Communal Prayer will conclude the day.*

Virginia Burke rsj

8-10 May *Would you like to experience some time in/ with “The Shack”?*

Kincumber
South NSW

\$300

The shack is a 2017 American Christian drama based on the 2007 novel of the same name by William P.Young . Despite having attracted much comment, questioning and criticism, Young himself says that we all need to go “to that place of greatest loss” to experience healing, forgiveness and growth. Viewed with an open mind and heart, this movie can lead us to develop our own faith story and challenge each of us to recognise where God is active and inviting us.

Ann Morrison rsj



10-17 May

The Garden

Williamstown
VIC

\$700

The Garden - place of intimacy. Exploring the symbolism of the garden, especially in the book of Genesis, the song and the Gospel of John

Therese Quinn rsj

17-26 May

Re-Entry Retreat

Baulkham Hills
NSW

\$960

This retreat will provide an opportunity for participants to reflect on their experience and re-enter their "home" culture in a gentle and reflective way.

**Geraldine Kearney sgs
Nicole Rotaru rsm**

22-24 May

Living in the Pattern of the Paschal Mystery – Ascension to Pentecost

Safety Bay WA

\$250

*A time to "let go of the old and let it bless us with our refusal to cling (Ascension) through to the reception of new spirit for the new life that one is already living."
(Ronald Rolheiser, "The Holy Longing.")*

A guided retreat with some options for spiritual accompaniment with

Frances Maguire rsj

12-19 June

Embracing Mystery

Kincumber
South NSW

\$700

*'One thing the hermitage is making me see is that the Universe is my home and I am not part of it.' Thomas Merton
This retreat will offer opportunities for contemplative prayer arising from the writings of Thomas Merton and poetry of Mary Oliver.*

Lyndall Brown rsj



12-19 June

Directed Retreat

Kincumber
South NSW

John Hay

\$750

14-21 June

“Remain in my Love” John 15

Williamstown
VIC

These words, “Remain in my love” form part of the Last discourse of Jesus as found in John’s Gospel. They are a hope filled invitation to respond to the call of Jesus who desires to “be with us.”

\$700

Lynette Young rsj

14-21 June

Touching the Depths

Largs Bay SA

An invitation to become present to the inner stirrings and wisdom within the depths of my own being through Contemplation and Art.

\$500

Colleen O’Sullivan rsj

5-9 July

“Remain in my Love” John 15.

Baulkham Hills
NSW

These words “Remain in my Love” form part of the Last discourse of Jesus as found in John’s Gospel. They are a hope filled invitation to respond to the call of Jesus who desires to “be with us.”

\$470

Lynette Young rsj

5-12 July

The Pilgrim's Way

**Baulkham Hills
NSW**

\$700

This retreat will draw us in silence, solitude and stillness to our still centre. This is the place where God dwells in love and mystery. We will use the images of thresholds, crossroads and other aspects of pilgrimage to move us towards the cave of our heart. The spirituality underpinning this retreat is a Celtic spirituality; a spirituality of peregrination and wandering; a spirituality which responds to God's deep call to unity.

Colleen O'Sullivan rsj

6-17 July

Acculturation Winter Program

**Baulkham Hills
NSW**

\$1,320

This program is designed for priests and women and men religious who come to Australia for ministry. Topics include an introduction to Australia- the land, its people and the Church; right relationships- women and the Australian Church, integrity in ministry and child protection; and psychological aspects of entering a different culture.

**Annie Bond rsj
Kelvin Barrett ssc**

9-15 July

The Hospitality of God

Safety Bay WA

\$650

Through the silence of this retreat you are invited into the embrace of the Trinity and experience the Hospitality of God. Over these days we will contemplate the Rublev icon. As Henri Nouwen says: 'the more we look at this holy image with the eyes of faith, the more we come to realise that it is painted not as a lovely decoration for a convent church, nor as a helpful explanation for a difficult doctrine, but as a holy place to enter and stay within.'

Ann Morrison rsj



10-17 July
Kincumber
South NSW
\$700

Season of Hope. Spirituality of Aging

Remembering how God has been with us in the past gives us the strength for the present and hope for the future. We will reflect on the Journey of letting go, prayer in later life, living in deeper trust and hope as we journey forward.

Yvonne Parker sgs

10-17 July
Kincumber
South NSW
\$750

Directed Retreat

Dr. Kerrie Hide

9-16 August
Williamstown
VIC
\$700

Directed Retreat

Yvonne Harte rsj

12-18 August
21-27 August
Largs Bay to
Willow Springs
SA
\$600

The Universe Story

Travel to the Flinders Ranges, engage in Earth's story-our story, contemplating our Oneness with All. Through the revelation of fossils, formed 600 million years ago, we follow the story of emerging life on Earth. Single room, comfortable, shearer's quarters, shared travel. (Limited special diets) (5 Day retreat. Travel 12th & 18th / 21st & 27th)

**Kateri Duke rsj
Fr Tom Gleeson**

23-30 August
Batehaven
NSW
\$700

When Seeking 'God's will', we discover we're already 'in it'!

This retreat will encourage contemplative praying as a basis for what the Greeks called 'enthusiasmos'... 'life-in 'God' The retreat will draw on insights from 'Ten Evenings with God' by Ilia Delio osf

Virginia Bourke rsj

30 August-
8 September

Baulkham Hills
NSW

\$960

Re-Entry Retreat

This retreat will provide an opportunity for participants to reflect on their experiences and re-enter their “home” culture in a gentle and reflective way.

Geraldine Kearney sgs
Kelvin Barrett ssc

30 August-
6 September

Perthville NSW

\$700

“A Glimpse into the spirituality of Fr Julian Tenison Woods”

In the shadow of celebrating the 130th anniversary of his death (celebrated 2019), what better opportunity to peek into Julian’s spirituality by walking contemplatively with his writings and works to draw inspiration for our own living. This retreat will be held on the very ground that Julian walked in his ministry with early Josephites.

Ann Morrison rsj
Lyndall Brown rsj
Carmel Jones rsj

6-13
September

Brisbane QLD

\$500

The Treasure Within

St Paul likens us to Earthen Vessels and how each one of us is created with treasure – a gift. Through prayer and reflection, we’ll seek to discover afresh the treasure within ourselves.

Michael Hickey cp



13-20
September

Williamstown
VIC

\$700

A Contemplative Journey

The writings of the classical mystical tradition and contemporary spiritual writers will be used for reflective experiences during these days, inspiring an ever-deepening journey of contemplative prayer and contemplative living.

Moya Unthank rsj

14-21
September

Kincumber
South NSW

\$700

Celebrating the presence of God in creation

Engaging a Variety of prayer forms, music, and photography as contemplative practise, we explore Kincumber as a 'thin' place where heaven and earth are close. We are invited to slow down, to be fully present to our experience, to linger over moments of beauty. Participants are asked to bring a camera/ iPad or phone with camera. (no photographic experience is required.)

Val De Brenni

14-21
September

Kincumber
South NSW

\$750

Directed Retreat

Mary Baker rsj

14-21
September

Kincumber
South NSW

\$700

Walking as the beloved

Central to the Gospel of John is the concept of 'belovedness'. During these days we will walk in companionship with the 'beloved Jesus'.

Carmel Drew rsj

21-26
September

East Melbourne
VIC

\$700

Directed Retreat

**Yvonne Harte rsj
Lynette Young rsj**

4-11 October

Largs Bay SA

\$500

Directed Retreat

**Gen Ryan rsj
Liz Murphy rsj**



11-18 October *Missionary Discipleship Today-*
Williamstown *The strength of Women's*
VIC *Witness*

\$700

Contemplating the Universe Story, we consider how we are called today to missionary discipleship and leadership roles as were the Women at the Well, Martha, and her sister Mary of Bethany and Mary of Magdala.

Therese Quinn rsj

11-18 October *Directed Retreat*

Batehaven **Jenny Scally rsj**
NSW

\$750

12-18 October *Directed Retreat*

East Melbourne **Yvonne Harte rsj**
VIC

\$700

30 October- *The Hospitality of God*
6 November

Kincumber
South NSW

\$700

Through the silence of this retreat you are invited into the embrace of the Trinity and experience the Hospitality of God. Over these days we will contemplate the Rublev icon. As Henri Nouwen says: the more we look at this holy image with the eyes of faith, the more we come to realise that it is painted not as a lovely decoration for a convent church, nor as a helpful explanation for a difficult doctrine, but as a holy place to enter and stay within.

Ann Morrison rsj

30 October-
6 November

Kincumber
South NSW

\$700

Contemplative Journey

The writings of the classical mystical tradition and of contemporary spiritual writers will be used for reflective experiences during these days, inspiring an ever-deepening journey of contemplative prayer and contemplative living.

Moya Unthank rsj

30 October-
6 November

Kincumber
South NSW

\$750

Directed Retreat

Fr David King cp

8-15 November *Directed Retreat*

Perthville NSW **Carmel Drew rsj**

\$750

8-15 November *"Be still and Know that I am
God"*

Perthville NSW

\$700

We spend time together in silent prayer. I will share some stories and listen. We will share some stories. We will spend the day in inner silence. We will celebrate the Eucharist and be guided by the Spirit.

Steve Sinn sj

9-15 November *Pilgrimage to the Heart...*

East Melbourne ...a contemplative journey to peace and
VIC wholeness

\$700

Yvonne Harte rsj

16 November- *The Time of Sage*
13 December

Baulkham Hills *A Sabbatical for religious living the*
NSW *80's years, with themes relevant to this*
time of life. A team of Australian-based
presenters.

\$5,615

Lianella Girardi rsj

22-29 *"The habits of faith- filled living*
November *and dying of Daniel O'Leary*

Baulkham Hills *The retreat's presentations will be*
NSW *influenced by the Irish writer, Daniel*
O'Leary, on his way through life in faith
and into death in January 2019.

\$700

Virginia Bourke rsj


22-29 *Living in a Christ- soaked World*
November

Baulkham Hills *Is the incarnation a one-time and one-*
NSW *person Jesus of Nazareth event, or is*
it a cosmic event that has soaked all of
history in the Divine Presence from the
very beginning? This retreat explores
the possibility of opening the ancient
door of faith to the proper understanding
of the word Christ. Over these days we
will explore our own drops of experience
to discover a Christ-soaked world. This
Retreat is based on Richard Rohr's book

\$700

The Universal Christ.

Ann Morrison rsj



While we do endeavour to keep dates and prices consistent as at the time of print, retreats and sabbatical prices and dates may be subject to change. Please contact the relevant centre to confirm.

'Mary MacKillop Precinct'

Kensington

*Incorporating Mary MacKillop Museum,
St Joseph's Chapel and
Bethany Centre*

Mary MacKillop Museum Adelaide ...

Finally, the long-awaited, redeveloped Museum is now open. Offering visitors, a unique, engaging and inspiring experience.

For the full programme of events visit our website:
www.marymackillopadelaide.org.au

■ *8th of the Month*

Honouring and Praying with St Mary MacKillop

Mass at 10.30am in St Joseph's Chapel followed by morning tea (except Sundays)

Evening Reflection: 5.45 – 6.30pm

(except 8 January and 8 August)

Present story around the life of Julian Tenison Woods with a reflection to follow.

Catherine Clark rsj

*Come...breathe in Mary's spirit...
walk on the land she walked on...
pray where she prayed so often...
experience an inner peace*

Refer to page 19 for Kensington contact details.

Contact Information

Please mark all retreat correspondence **Attention: Retreats**

St Joseph's House Batehaven NSW



St Joseph's House

12 David Avenue, Batehaven NSW 2536

Email: marie.mcalister@sosj.org.au

Telephone: 0429 383 333

Please make cheques payable to the Trustees of the Sisters of Saint Joseph.

Baulkham Hills NSW



St Joseph's Baulkham Hills

33 Barina Downs Road, Norwest NSW 2153

PO Box 7386 Baulkham Hills BC NSW 2153

Email: frontdesk@stjosephscentre.org.au

Website: www.stjosephscentre.org.au

Telephone: 02 9634 2317 Fax: 02 9899 4249

Please make cheques payable to Spirituality Ministry of the Sisters of Saint Joseph.

Brisbane QLD



Villa Maria Spirituality Centre

123 Warren Street, Fortitude Valley QLD 4006

Email: admin@adorationsrs.org.au

Telephone: 0408 864 388

Please make cheques payable to the Sisters of Perpetual Adoration.

East Melbourne VIC



Mary MacKillop Heritage Centre

362 Albert Street, East Melbourne VIC 3002

Email: admin.mmhc@sosj.org.au

Website: www.mmhc.org.au

Telephone: 03 9926 9300 Fax: 03 9926 9330

Please make cheques payable to the Trustees of the Sisters of Saint Joseph.

Retreatants are requested to arrive after 11am and in time for lunch at 12.30pm. Departure time is between 10am and 12 noon the following Sunday (no lunch).

Kensington Adelaide SA



Mary MacKillop Precinct

4 High Street, Kensington SA 5068

PO Box 57 Kent Town SA 5071

Email: infososa@sosj.org.au

Website: www.marymackillopadelaide.org.au

Telephone: 08 8130 5900

Kilmolee Safety Bay WA



Kilmolee at Safety Bay

182 Arcadia Drive, Safety Bay WA 6169

Email: safety.bay@sosj.org.au

Telephone: 08 9527 3240

Kincumber South NSW



St Joseph's Spirituality and Education Centre

8 Humphrey's Rd, Kincumber South NSW 2251

Email: reception@stjosephsretreat.org.au

Website: www.stjosephskincumber.org.au

Telephone: 02 4368 2805

*Please make cheques payable to Spirituality Ministry
of the Sisters of Saint Joseph.*

Largs Bay Adelaide SA



St Joseph's Centre

1 Everard St, Largs Bay SA 5016

Email: kateri.duke@sosj.org.au

or post to Kateri Duke rsj, 8 Wigley St, Largs Bay SA 5016

Telephone: 0418 834 114

*Please make cheques payable to the Trustees of the
Sisters of Saint Joseph.*

Perthville NSW



St Joseph's Heritage and Conference Centre

Tenison Woods Ave, Perthville NSW 2795

Email: Perthville.coordinator@sosj.org.au

Website: www.stjosephsperthville.org.au

Telephone: 02 6337 2946

Please make cheques payable to the Trustees of the Sisters of Saint Joseph.

Williamstown Melbourne VIC



St Joseph's by the Sea

16 Esplanade, Williamstown VIC 3016

FOR BOOKINGS CONTACT:

Mary MacKillop Heritage Centre

362 Albert Street, East Melbourne VIC 3002

Email: admin.mmhc@sosj.com.au

Telephone: 03 9926 9300

Please make cheques payable to the Trustees of the Sisters of Saint Joseph.



Payment

- A non refundable deposit of \$50 applies when booking (unless stated differently for a particular centre)
- Payment by direct deposit (EFT) or credit card is available by contacting each centre directly. Contact information appears on pages 17-22.

Application Form for Retreats

Please return this application form to the relevant retreat centre with your non-refundable deposit

Name _____

Address _____

Postcode _____

Phone _____

Fax _____

Email _____

Retreat Location (Please tick)

- Batehaven NSW
- Baulkham Hills NSW
- Brisbane Qld
- East Melbourne Vic
- Kilmolee Safety Bay WA
- Kincumber South NSW
- Largs Bay Adelaide SA
- Perthville NSW
- Williamstown Melbourne Vic

Retreat Title _____

Dates From _____

To _____

Cost _____



Sisters of Saint Joseph
of the Sacred Heart